

2023 Youth Basketball League - 9:15 League

Teams	Coaches:
#1 - Wolves	Abby
#2 - Grizzlies	Devan
#3 - Trojans	Joe
#4 – Falcons	Zach

*other staff may have to fill-in for coaches on certain weeks.

LEAGUE SCHEDULE

Date	Time	Teams	Court
1/28	9:15 am	#1 vs #2	#1A
	9:15 am	#3 vs #4	#1B
2/4	9:15 am	#1 vs #3	#1A
	9:15 am	#2 vs #4	#1B
2/11	9:15 am	#2 vs #3	#1A
	9:15 am	#1 vs #4	#1B
2/18	9:15 am	#3 vs #4	#1A
	9:15 am	#1 vs #2	#1B
2/25	9:15 am	#2 vs #4	#1A
	9:15 am	#1 vs #3	#1B
3/4	9:15 am	ROUND ROBIN	#1A
	9:15 am	GAMES	#1B

League Notes (Full set of rules on back)



Youth Basketball Winter League Rules

- 1. All teams will practice prior to their weekly games (exception 3/4 round robin games.
- 2. Games will run six 5-6 minute periods. Player substitutions will be made at each 5 minute period. Game time will be kept on the court with the coaches/coordinators.
- 3. Coaches will coach their team and site coordinators will officiate the games.
- 4. If designated official gone, one of the coaches will officiate that day.
- 5. Backcourt guarding will not be allowed (no pressing).
- 6. Once defensive team gets the rebound in their end, other team has to drop back to ½ court.
- 7. Players <u>cannot</u> reach in to try and steal the ball (too much fouling or non-productive contact).
- 8. Not shooting free throws at this level.
- 9. Be aware and do not allow excessive contact (much of this at that age).
- 10. Players can intercept the ball on passes.
- 11. Players should be taught what double-dribble and traveling is.
- 12. Scores will not be kept (although the kids may do this on their own).
- 13. Games are 4 v 4 or 5 v 5 small court games.
- 14. Coaches to do their best to get all kids equal playing time (rotate every couple of minutes).
- **15. PLEASE SUPPORT AND ENCOURAGE ALL PLAYERS**
- **16. MOST IMPORTANT GAMES ARE FOR FUN**

(2 pass before you shoot rule may be implemented if needed)