



Plymouth Pedalers Biking Club



1st Newsletter April 5 – May 17, 2023

Welcome to Our First Schedule and First Kick Off Meeting in Three Years

As we celebrate our 30th year we hope you and your families have been staying healthy! Our first schedule includes the Kickoff meeting and six rides for the Lites and six rides for the Regulars. Note that our first few rides will be a little shorter and a little slower to get ready for the season ahead.

The Kickoff meeting will be held on Wednesday, April 5 (9:00 a.m.) at the newly remodeled and expanded Plymouth Community Center in classroom 1A/1B at the far west end of the building. Please join us for a video of our successful 2022 season, a guest speaker from the Tangletown Bike Shop, and review important safety requirements -- all with free coffee and treats (There will not be a ride after the meeting.)

First ride, weather permitting, will be the following week on April 12. We're looking forward to seeing you at the meeting and feel free to bring a friend or friends. Newcomers interested in joining the club may take a trial ride before signing up.

Schedules and Newsletters

The Pedalers publish four schedules and newsletters each year. These are available on the Plymouth City Web site, under Senior Programs. Go to web site: plymouthmn.gov/seniors Then scroll down to "Plymouth Pedalers". You can also signup on this web page under "Wednesday" Clubs/Groups.

Annual Club Sign Up

A One-Time annual sign up is all that is required.

To sign up either register online ([you can create an account here](http://plymouthmn.gov/seniors)) or by phone at 763-509-5200.

To register online go to plymouthmn.gov/seniors, under "Wednesdays" you can "click to register" at Plymouth Pedalers Biking Group.

Log In (after you have created an account)

Click on the Plus (+) sign next to Plymouth Pedalers

Scroll to the green area on the bottom right-hand side and click "Add to Cart"

Agree to the Waiver and Click "Continue"

Proceed to Checkout

Get Ready

Your bike needs to be in tip top condition to prevent breakdowns on the trail. Maintenance now will give you many hours of biking during the season. Performing bike maintenance at home or at a bike shop is much less stressful than doing it on the trail.

Club News

Lite Riders will ride on Wednesdays only. The Regular Group riders will have the option to ride on Monday and/or Wednesday. The Monday ride is a Pre-Ride and may be a bit faster. It will also be more exploratory, checking for trail closures and alternate routes. The Monday ride will have the same start time and location as the Wednesday ride. Note that the Cancellation Info Line will be available for both the Monday and Wednesday rides.



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The Steering Committee would like to thank our retiring members: Arnie Nelson and Stan Schwantes. Both Arnie and Stan have led countless rides for the Pedalers and shared their knowledge and insight at Steering Committee meetings. We appreciate their service!

The Steering Committee would like to welcome our new member, Norm Spaeth. Norm has done an excellent job leading rides for the Lites the last couple of years. We're looking forward to having Norm on the committee.

Ride Cancellation Info Line

Our announcement line is 763-509-5275. On ride days, it will be updated by 7:30 a.m. if the ride is cancelled. Call the info line if in doubt about the weather so you don't drive to a ride and find it was cancelled.

Start Times

All rides on the first schedules will start at 9:30am

YouTube Videos

Ride videos are posted on YouTube. Go to [YouTube](#) and search for Plymouth Pedalers.

Ride Leaders

We try to offer new rides every year. If you have any ideas for new rides, let the Steering Committee know. We always like to add variety to our biking schedules.

PPBC Steering Committee

Gary Doyle, Bob Flynn, Deb Grill, Allie Hafez, Kevin Krueger, Bill Lundberg, Linda Platt, Chuck Seifert and Norm Spaeth