## 2023 Regular Group Schedule 1 4/5/23 – 5/17/23

## April 5 9:00 Kickoff Meeting

Meet at the Plymouth Community Center, 14800 34th Street, for the 2023 PPBC Kickoff Meeting and our 30th year. We will meet in classroom 1A/1B, on the far west end of the building. There is no ride scheduled for the 5th.

April 12 9:30 Minneapolis Lakes Leader: Deb Grill

Meet at the Triangle Park - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. The ride will go along the south side of Cedar Lake and around Lake of the Isles, Lake Calhoun (Bde Maka Ska) and Lake Harriet. Trail: Paved bike paths and low-traffic city streets. Distance, approximately 12 miles. Directions: To the parking area -- take TH 55 to Theo. Wirth Pkwy., go south on Theo Wirth to Cedar Lake. Pkwy., take Cedar Lake Pkwy to 22<sup>nd</sup> Street, go right on 22<sup>nd</sup> one block to So. Drew Ave., go left on Drew for one block to a small park at Drew Ave. and Cedar Shore Dr. (Start Location)

April 19 9:30 Dakota Trail – Wayzata to Mound Leader: Kevin Krueger

Meet at the beach house parking lot in Wayzata - 238 Grove Lane East, Wayzata, MN. Ride on the Dakota Rail Regional Trail from Wayzata to Mound. Coffee Stop and return to Wayzata. Trail: Level on paved rail bed, about 18 miles roundtrip.

Directions: Take County Rd 15 (Lake Street) west through Wayzata to Grove Lane, turn left and follow Grove to the parking area. (Start Location)

April 26 9:30 West Medicine Lake to Wayzata/Luce Line Leader: Bill Lundberg

Meet at West Medicine Lake Park, 1920 West Medicine Lake Dr, Plymouth. Ride to Luce Line to Wayzata and its new Downtown trail. Return to Medicine Lake. Coffee stop. Trail: Flat hard packed limestone and some city streets. About 14 miles.

Directions: From Hwy 55: go north on West Medicine Lake Dr. From Rockford Rd: go south on Northwest Blvd then south on West Medicine Lake Dr. (Start Location)

May 3 9:30 Excelsior to the Carver Park Reserve and Victoria Leader: Linda Platt

Meet at the parking lot in downtown Excelsior. About a block east of the intersection of Water St. and George St. We will ride from Excelsior along the Lake Minnetonka Regional Trail to the Three Rivers Park – Carver Park Reserve. We'll ride in the park to the Nature Center and along other park trails. Then continue to Victoria for coffee. Trail: Level limestone rail bed and black top trails with some moderate hills in the park. Distance: About 22 miles.

Directions: Take MN-7 west to County 19 (Oak St.) in Excelsior. Go one block then turn right on Water St.; go one block then turn right on George Street (just beyond Wells Fargo); follow street with curve left to parking (about 500 feet). (Start Location)



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May 10 9:30 Heron Rookery Leader: Bob Flynn

Meet at the Triangle Park - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. Ride the Midtown Greenway to the Hiawatha Trail. Cross the river on the Stone Arch Bridge. Stop for coffee at Wilde Roast Cafe. Continue north through N.E. Mpls to the Heron Rookery. Return by crossing the river on Plymouth Ave. to Van White Blvd, connecting to the N. Cedar Lake Trail back to Triangle Park. Approx. 20 miles. (Bring binoculars for better viewing the herons.)

Directions: To the parking area -- take TH 55 to Theo. Wirth Pkwy., go south on Theo Wirth to Cedar Lake. Pkwy., take Cedar Lake Pkwy to 22<sup>nd</sup> Street, go right on 22<sup>nd</sup> one block to So. Drew Ave., go left on Drew for one block to a small park at Drew Ave. and Cedar Shore Dr.) (Start Location)

May 17 9:30 Airport Ride from Lake Nokomis (New Ride) Leader: Gary Doyle Meet at the beach house on Nokomis Parkway in Minneapolis, 5074 Lake Nokomis Parkway. We'll ride toward Minnehaha Park, then south across the Mississippi River at the Mendota Bridge. Then south along the MN River to I-494, to the MN Valley Wildlife Refuge and the Mall of America. Then north along the Nokomis-MN River Trail with a stop at the MSP Aircraft Viewing Area. Mostly trails and some streets – generally flat. About 24 miles.

Directions: The beach house is at the northwest side of Lake Nokomis on Lake Nokomis Parkway. You can take the Crosstown Highway (MN 62) to Cedar Ave. Go north on Cedar. After crossing the bridge over the west portion of the lake, turn right onto W Lake Nokomis Pkwy. There is a charge for parking in the parking lot. Street parking is free. Beach house is on the right. (Start Location)