## 2023 Lite Group Schedule 1 4/5/23 – 5/17/23

## April 5 9:00

## **Kickoff Meeting**

Meet at the Plymouth Community Center, 14800 34th Street, for the 2023 PPBC Kickoff Meeting and our 30th year. We will meet in classroom 1A/1B, on the far west end of the building. There is no ride scheduled for the 5th.

April 12 9:30 Minneapolis Lakes from Cedar Lake Leader: Deb Grill

Meet at the Triangle park - Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W 24th St. Combined Lite Group and Regular Group. We will go by Cedar Lake, Lake of the Isles, Calhoun, & Harriet. Trail: Paved bike paths and low-traffic city streets. Stop for refreshments along the way. Distance is approximately 12 miles. Directions: To get to the parking area -- take TH 55 to Theo. Wirth Pkwy., go south on Theo Wirth to Cedar Lake. Pkwy., take Cedar Lake Pkwy to 22<sup>nd</sup> Street, go right on 22<sup>nd</sup> one block to So. Drew Ave., go left on Drew for one block to a small park at Drew Ave. and Cedar Shore Dr.) (Start Location)

April 19 9:30 Elm Creek Park to Coon Rapids Dam Leader: Rebecca Khankari

Meet at the Elm Creek Regional Park -- Beach Parking Lot, One Mile Beyond 12400 James Deane Pkwy. We'll ride from the Elm Creek Park to the Coon Rapids dam, stop at the visitor center, then ride back. Trail: mostly level, paved. About 15 miles.

Directions: To Beach Parking lot -- From I-94 west, exit at Weaver Lake Road in Maple Grove. Go east about 1/3 of a mile to Elm Creek Blvd, then north on Elm Creek Blvd to the park entrance. Follow the park road (James Deane Parkway) 1.4 miles. Then turn left down a little hill to the beach parking lot. (Start Location)

April 26 9:30 Medicine Lake to Luce Line

Leader: John Heibel

Meet at West Medicine Lake Park, 1920 West Medicine Lake Dr, Plymouth. Ride to Luce Line to Wayzata and its new Downtown trail. Return to Medicine Lake. Coffee stop. Trail: Flat hard packed limestone and some city streets. About 12 miles.

Directions: From Hwy 55: go north on West Medicine Lake Dr. From Rockford Rd: go south on Northwest Blvd then south on West Medicine Lake Dr. (<u>Start Location</u>)

May 3 9:30 Excelsior to Victoria Leader: Norm Spaeth

Meet at the parking lot in downtown Excelsior. About a block east of the intersection of Water Street and George Street. We will ride from Excelsior along the Lake Minnetonka Regional Trail to the entrance of the Three Rivers Park – Carver Park Reserve and on to Victoria for a coffee stop. Trail: Level limestone rail bed, about 12 miles. (Those who wish can ride with the Regulars into the park. Trail in Park: Blacktop bike trails with some moderate hills, additional 10 miles – total 22 miles.)

Directions: Take MN-7 west to County 19 (Oak St.) in Excelsior. Go one block then turn right onto Water St.; go one block then turn right on George Street (just beyond Wells Fargo); follow street with curve left to parking (about 500 feet). (Start Location)



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May 10 9:30 Medicine Lake Circle Leader: Chuck Seifert

Meet at Parkers Lake Park in Plymouth. We'll take the Luce Line to Medicine Lake and ride a clockwise circle route around the Lake and return on the Luce Line. Trail: Paved bike paths and a few city streets with some hills. Length: 15 miles.

Directions: Parkers Lake Park is located at Vicksburg Lane and HW 6 in Plymouth. (Start Location)

May 17 9:30 Dakota Trail – Wayzata to Navarre/Mound Leader: Deb Grill Meet at the beach house parking lot in Wayzata - 238 Grove Lane East, Wayzata, MN. Ride on the Dakota Rail Regional Trail from Wayzata to Mound. We will stop for refreshments in Mound and then return to Wayzata. Trail: Level on paved rail bed, about 18 miles roundtrip.

Directions: Take County Rd 15 (Lake Street) west through Wayzata to Grove Lane, turn left and follow Grove to the parking area. (Start Location)