

## Plymouth Pelalers Lite Biking

## 2023 Lite Group Schedule Two May 24 through July 5

May 24- 9:00

Fish Lake, Rice Lake Loop

**Leader: Deb Grill** 

**Leader: Bob Flynn** 

Meet in the parking lot at Fish Lake Regional Park, 14900 Bass Lake Road. We will ride up the east sides of both Fish & Rice Lake. Then continuing the loop anticlockwise back down west of the lakes and including a long downhill joy ride re-entering the park. Paved with a few moderate hills. Distance: 13.5 miles.

**Directions:** Fish Lake Regional Park Road is 1.4 miles west of I-494 on County Rd 10 (Bass Lake Rd.) The Park is on the north side of Bass Lake Rd and parking is .6 miles from the park entrance. (Start Location)

May 31- 9:00

## **SW LRT to Mitchell Lake-**

New start location

Meet at Shady Oak Beach. 5200 Shady Oak Rd, Minnetonka, MN 55343 We'll ride on the SW LRT to Mitchell Lake, and return. The destination is a big park with a coffee shop nearby Trail: Limestone rail bed, about 15 miles. **Stop for Coffee** on Eden Prairie Rd. Trail is about half limestone and half black top.

**Directions:** From east of Hopkins (Hwy 169) approach on Excelsior Blvd (westbound) to Shady Oak Rd (southbound). OR From west of Hopkins (I-494) approach on Hwy 7 to Shady Oak Rd (southbound). Continue south on Shady Oak Rd for .7 miles. Turn right into the Shady Oak Beach parking lot. (Start Location)

June 7- 9:00 Luce Line to Noerenberg Gardens **Leader: Norm Spaeth** 

Leader: Deb Grill

Meet at the Luce Line trailhead off Vicksburg Lane. We ride the Luce Line to Noerenberg Gardens. Gently rolling hills on route. Approx. 13 miles.

**Directions:** From County Rd 6, go to Vicksburg Lane S. Go .5 mi to 10th Ave. N., take a right, then the first left to the entrance for the Luce Line parking lot. (Start Location)

Wirth-Victory Pkwys/N Miss Park June 14 -9:00

Meet at the parking lot in the Lakeview Terrace Park in Robbinisdale. We will travel via Wirth, Victory Memorial, and Webber Pkwys. to Webber Park and then by W. River trail to N. Miss. Park; then return via 47th Ave., Shingle Creek and the Pkwys. Trail: Paved, about 12 miles. **Directions:** From Hwy 100 go east on 36th Ave N to Bottineau Blvd. Cross Bottineau Blvd, parking

will be on left in Lakeview Terrace Park. (Start Location)

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**Schedule questions?** Call Gary Doyle at 612-508-4431 or garydoyle4835@gmail.com. Ride cancelled for inclement weather or extreme temperatures? Info posted by 7:30 am at 763-509-5275 Sponsored by Plymouth Parks and Recreation.



## Plynouth Pelalers Lite Biking

**Leader: John Heibel** 

June 21- 9:00 Nine Mile Creek Ride Leader: Norm Spaeth

**Meet at Valley Park – About 700** 8<sup>th</sup> **St S Ave S, Hopkins 55343**. We will ride the new Nine Mile Creek Trail and some side streets to Edina and return along the same route. The trail is mainly flat with a few moderate hills leading to a number of long bridges. There will be a coffee stop. About 16 miles.

**Directions:** From Hwy 169 -- exit on Excelsior Blvd (westbound) to 11<sup>th</sup> Ave S. Proceed south on 11<sup>th</sup> Ave S to 7<sup>th</sup> St. S. Turn left (east) at 7<sup>th</sup> St. S to 8<sup>th</sup> Ave S. Turn right (south) at 8<sup>th</sup> Ave. S. At end of the street, turn left. Parking is on the right. (Start Location)

June 28-9:00 <u>Dakota Rail Trail Mound to</u> <u>St.Boni/Mayer</u>

Meet in the parking lot <u>south</u> of the Mound Transit Center, 5515 Shoreline Dr. The ride will go west on the Dakota Rail Regional trail to St. Boni, 10 miles round trip or Mayer, 25 miles round trip. After a **coffee stop** we'll return to Mound on the same trail. Easy and flat paved trail.

Directions: To get to the parking area south of the Transit Center take County Rd 15 to Commerce Blvd turn left and left again at Shoreline Drive. Parking area is 8.8 miles from the Co 15 exit on Hwy 12 in Wayzata. (Start Location)

Meet by the triangle park at Drew Ave. So. & Cedar Shore Dr. near Cedar Lake. 3501 W

24th St. Mpls. Ride from Cedar Lake to the Greenway, then head south along the Mississippi River to Minnehaha Falls. Return along the creek trail to Lake Harriet, where we'll stop for a snack. Continue by way of Lake Calhoun back to Cedar Lake. About 20 miles of paved trails and quiet city streets. Trail: Mostly level.

**Directions:** Take Hwy 55 to Theodore Wirth Parkway, go south on Theo Wirth to Cedar Lake Pkwy., take Cedar Lake Pkwy to 22nd Street, go right on 22nd one block to South Drew Ave., go left on Drew for one block to the park. (Start Location)